

Pre-Op Instructions/Before Surgery

Dr. Roberts will submit a surgery request that will start the surgery scheduling process.

Our scheduler will be in contact with you to confirm the surgery date and other important details.

Prior to scheduling your surgery, our office staff will verify any benefits with your insurance provider.

We will try to schedule your surgery in a timely manner based on my surgery availability and it coincides with your personal schedule.

If you will need FMLA paperwork completed, please bring it with you to your preop visit that will be likely be scheduled approximately 7-10 days prior to your scheduled surgery.

You will also be contacted by the hospital or surgery center regarding billing, deposits, to confirm date and time, provide any additional preop instructions, etc.

In general, all patients should follow the following basic preoperative instructions.

- An appointment with Dr. Roberts will be scheduled within 30 days of surgery to review medical history, discuss any medications you are taking, order preop labs if indicated, and discuss surgical consents. Surgical consents are signed on the day of surgery at the hospital or surgery center.
- Unless otherwise instructed, patients should have nothing to eat or drink for 8 hours before the procedure – generally, nothing to eat or drink after midnight except for medications we agree should be taken with a sip of water. It is possible that the hospital or surgery center will advise you to drink Gatorade preop; if so, this would ok to do.
- Arrive at the hospital 2 hours before the scheduled surgery time.